

## A letter from the Chairman of The Hermitage Board

John Cannaday

A paraphrased quotation from William P. Young hangs about my desk: "If something matters, everything matters."

It's not accidental that you're reading these words at this very moment. It's not a coincidence that these words resonate with you at the exact time you needed to hear them. Life is purposeful and every moment is purpose filled.



So often we hear stories from our Hermitage program graduates who tell us about the serendipitous way they came to one of our programs. "So many coincidences had to occur for me to arrive here, just at the moment I needed this!" they would say. And we smile and wonder, "Yes, it's almost as if this was supposed to happen for you, isn't it?"

So I would ask that you consider the people in your life that you know who may need messages of hope and deeper purpose. Encourage them to consider the resources we have here at The Hermitage. As you will see elsewhere in this newsletter, many wonderful programs will soon be offered. Perhaps you might consider bringing a good friend to the preview hour of our upcoming Success: Full Living workshop. Or tell them about the powerful encounters that are often experienced at our weekly Energy Circle. Or the amazing Law of Attraction monthly meeting, where we listen to and share the experiences of Abraham and the transformative messages of hope.

As so many of you know, meditation is a central exercise in bringing forth our best selves. It is through meditation that we also have an opportunity to bring energy, love, and healing to others. May I ask that you visualize The Hermitage and our work as part of your meditation practice.

Finally, let me update you on a few "practical" and exciting things going on behind the scenes. Due to a generous donation, we have been able to purchase new computer equipment and get ourselves somewhat into the 21st century when it comes to communication and efficiency. Hopefully, you will be receiving more regular and timely updates about our programs. We are also completely reworking our website, which will allow us to "stream" and download programs, meditations, videos, and such, right to your computer. And we will soon be announcing new Board members who are skilled and talented and who bring passion to our important work.

All my best,

John W. Cannaday  
President

## Mystery of Life

Oh sweet mystery of life  
at last I've found you!  
Contradictions, affirmations  
all of them are true.

One in many, all in one  
unity is clear.  
Tears and smiles, war and peace  
God's own atmosphere.

You may think "good or bad"  
but there is only life!  
Our experience simply "is,"  
love as well as strife.

Male/female aren't two.  
They're humanity.  
Up is down in outer space  
Soul insanity.

Democrat/Republican  
Congress is one name.  
For the people, by the people  
Not a party game.

Life from life, then comes death;  
death returns to life.  
Life and death are really one,  
as husband, child, and wife.

Pleasure, suffering, joy, and grief,  
parts of nature's whole.  
Live and feel every one,  
that is all our goal.

God's eternal, never changing,  
we are God in flux.  
So are trees, and rocks, and grass,  
birds, and fish, and ducks.

From within comes education  
knowing you don't know.  
That's when contemplation brings  
a spiritual glow.

Growing up means seeing things  
in a cosmic way.  
How I pray this little poem  
brings a peaceful day